

### MICHAEL PONTIDIS SEIZURE TIMELINE & INFO

DATES	DAYS	GRAND MAL	SEIZURE TYPE	OCCURRED WHILE	WITNESSES	SPECIFIC TRAUMA	CONCUSSION	APPROX LENGTH	SEVERITY (1-5)	YEARLY TOTALS	RX	RX	RX
05/05/03	MON	1	GRAND MAL	SLEEPING	ALONE	TONGUE, NECK, MUSCLES, HIT HEAD, CONCUSSION	Y	NA	5				
05/06/03	TUES	2	GRAND MAL	SLEEPING	STEPHANIE	TONGUE, NECK, MUSCLES, TAKEN TO E.R.		5-10 MINS	4	2	2003		
01/12/05	WED	3	GRAND MAL	SLEEPING	ANTHONY	TONGUE		2-3 MINS	3				
02/26/05	SAT	4	GRAND MAL	SLEEPING	ASHLEY	TONGUE		5 MINS	3	2	2005		
04/14/06	FRI	5	GRAND MAL	SLEEPING	ALONE	TONGUE, MUSCLES		N/A	4	1	2006		
05/13/07	SUN	6	GRAND MAL	DRIVING/ACCIDENT - HACK E.R.	GRAMPS	HIT HEAD, TONGUE, SHOULDER, CONCUSSION	Y	3-5 MINS	4	1	2007		
01/20/08	SUN	7	GRAND MAL	WATCHING FOOTBALL	4 PEOPLE, ANT/JENN	HIT HEAD, TONGUE, NECK		5-7 MINS	4				
10/15/08	WED	8	GRAND MAL	DRIVING/DELIVERING ANGELO'S FOOD-LUNCH	ALONE	CRASHED TRUCK INTO SIGN & TREE ON CENTRAL AVE, CUT HEAD, TAKEN TO HACK ER	Y	5 MINS	3				
11/27/08	THURS	9	GRAND MAL	SITTING HAVING DINNER	GRAMPS, RAVEN	TONGUE		2-3 MINS	3	3	2008		
06/10/09	WED	10	GRAND MAL	VISITING FRIEND IN STORE	MIKE WEINSTEIN	TONGUE		2-3 MINS	2	1	2009		
03/11/10	THURS	11	GRAND MAL	GETTING OUT OF CAR	VANESSA	TONGUE		1-2 MINS	2				
08/01/10	SUN	12	GRAND MAL	DRIVING/ALMOST ACCIDENT - NO HOSPITAL	VANESSA	HIT HEAD, TONGUE, NECK, MUSCLES, CONCUSSED	Y	5+ MINS	4				
11/23/10	TUES	13	GRAND MAL	SITTING ON CHAIR	VANESSA	TONGUE		3-5 MINS	3	3	2010		
03/18/11	FRI	14	GRAND MAL	DRIVING/ACCIDENT - HACK E.R.	ALONE	TONGUE, HEAD WOUNDS		2-3 MINS	3				
09/04/11	SUN	15	GRAND MAL	DRIVING/ALMOST ACCIDENT - NO HOSPITAL	COLLEEN	TONGUE		2-3 MINS	3	2	2011		
01/11/12	WED	16	GRAND MAL	SITTING HAVING DINNER	4 PEOPLE, KEW/CHRIS	HIT HEAD, TONGUE, NECK, MUSCLES, CONCUSSED	Y	5 MINS	4				
06/28/12	THURS	17	GRAND MAL	TALKING ON RADIO SHOW	ANT, SEAN, BRYAN	TONGUE, NECK		5 MINS	4				
07/04/12	WED	18	GRAND MAL	SITTING HAVING DINNER	3 PEOPLE, COLLEEN	TONGUE		2-3 MINS	3				
09/20/12	THURS	19	GRAND MAL	SITTING ON COUCH	ALONE	TONGUE, NECK, MUSCLES, HIT HEAD		5 MINS	4				
12/17/12	MON	20	GRAND MAL	CLEANING CELL PHONE DISPLAY	ADAM, GLENN (LYNCO)	TONGUE, FELL & BUMPED HEAD HARD, CONCUSSED	Y	2-3 MINS	3	5	2012		
01/15/13	THURS	21	GRAND MAL	DRIVING FROM WORK, SEIZURE WHILE DRIVING	ALONE	DRIFTED OFF HIGHWAY, CRASHED INTO CAR DEALERSHIP LOT, BAD CONCUSSION, HOSPITAL	Y	2-3 MINS	4				
02/22/13	FRI		ABSENCE/FOCAL	TALKING TO CUSTOMER AT WORK	RANDOM CUSTOMER	NONE/ LOST ABILITY TO SPEAK		2-3 MINS	2				
04/09/13	TUES	22	GRAND MAL	GOING TO BATHROOM	COLLEEN	HIT HEAD, NECK, SHOULDERS, CHOKING, SEVERE CONCUSSION	Y	15+ MINS	5				
06/09/13	SUN	23	GRAND MAL	IN BATHROOM/CALLED 911/NO HOSPITAL	COLLEEN	HIT HEAD, LOST OXYGEN, TURNED BLUE, MUSCLES, SEVERE CONCUSSION	Y	5-7 MINS	4				
08/04/13	SUN	24	GRAND MAL	SITTING ON COUCH	COLLEEN	HIT HEAD, TONGUE, NECK, MUSCLES, CONCUSSED	Y	5 MINS	4				
08/18/13	SUN		ABSENCE/FOCAL	TALKING WITH COLLEEN	COLLEEN	LOSS OF MEMORY / LOST ABILITY TO SPEAK		2 MINS	2				
08/22/13	THURS		ABSENCE/FOCAL	TALKING WITH COLLEEN	COLLEEN	NONE		1 MIN	1				
09/14/13	SAT	25	GRAND MAL	SLEEPING	COLLEEN	HIT HEAD, TONGUE, LOST URINE, CHOKING, CONCUSSED	Y	5 MINS	4				
09/21/13	SAT	26	GRAND MAL	VISITING OLD EMPLOYER, STANDING & TALKING	ALAN, ADAM, DAN	TONGUE, LOST URINE		3-5 MINS	3				
10/18/13	FRI	27	GRAND MAL	WALKING OUTSIDE WITH FRIENDS	ANT, MICK	MUSCLE SPASMS, TONGUE		2-3 MINS	2				
10/30/13	WED	28	GRAND MAL	SLEEPING	COLLEEN	TONGUE, LOST URINE		3-5 MINS	3				
11/28/13	THURS	29	GRAND MAL	GOING TO BATHROOM, ON CELL	COLLEEN	HIT HEAD, FACE/HEAD WOUNDS/BLK EYE, CONCUSSED	Y	7+ MINS	4				
12/07/13	SAT		ABSENCE/FOCAL	COMING OUT OF SHOWER	COLLEEN	LOSS OF MEMORY		2 MINS	1	13	2013		

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DATES	DAYS	GRAND MAL	SEIZURE TYPE	OCCURRED WHILE	WITNESSES	SPECIFIC TRAUMA	CONCUSSION	APPROX LENGTH	SEVERITY (1-5)	YEARLY TOTALS	RX	RX	RX
01/15/14	WED	30	GRAND MAL	SITTING ON COUCH TALKING	COLLEEN	TONGUE, NECK, MUSCLES		3-5 MINS	2				
01/24/14	FRI	31	GRAND MAL	SLEEPING	COLLEEN	TONGUE, NECK, MUSCLES		5+ MINS	3				
02/16/14	SUN	32	GRAND MAL	SLEEPING	COLLEEN	TONGUE, NECK, MUSCLES		5+ MINS	3				
02/23/14	SUN	33	GRAND MAL	SLEEPING	COLLEEN	HIT HEAD, TONGUE, NECK, MUSCLES, CONCUSSED	Y	5+ MINS	4				
03/17/14	MON	34	GRAND MAL	SLEEPING	COLLEEN	TONGUE, NECK, SHOULDER, MUSCLES		3-5 MINS	3				
03/27/14	THURS		ABSENCE/FOCAL	SITTING ON COUCH	ALONE	LOSS OF MEMORY / LOST ABILITY TO SPEAK		2 MINS	2				
04/04/14	FRI	35	GRAND MAL	WALKING TO MAILBOX	ALONE	FELL, HIT HEAD, TONGUE, HURT SHOULDER/ARM, OLD LADY FOUND ME, POKED W/ CANE		3-6	3				
04/12/14	SAT	36	GRAND MAL	TALKING ON CELL PHONE	ALONE (ON PHONE W MARK)	TONGUE, FELL, HIT HEAD ON TABLE/FLOOR/BLK EYE/BAD CONCUSSION	Y	7-10 MINS	4				
04/26/14	SAT	37	GRAND MAL	STANDING/TALKING VISITING FRIEND	BILL	TONGUE, FELL, HIT ELBOW, HIP, SHOULDER/ER VISIT, HIT HEAD, CONCUSSION	Y	6+ MINS	4				
05/06/14	TUES	38	GRAND MAL	WALKING IN HALLWAY	ALONE	HIT HEAD, TONGUE, FELL, HIT LEFT ARM AND SHOULDER, CONCUSSED	Y	3-5 MINS	3				
05/16/14	FRI	39	GRAND MAL	SITTING ON COUCH, WOKE UP ON FLOOR	ALONE	HIT HEAD, HURT LEFT ARM, NECK, TONGUE, BAD CONCUSSION	Y	5+ MINS	4				
05/28/14	WED	40	GRAND MAL	SITTING IN KITCHEN AT TABLE	COLLEEN	HIT HEAD, TONGUE, LEFT ARM, LOST URINE		3-5 MINS	3				
06/05/14	THURS	41	GRAND MAL	SLEEPING	COLLEEN	HIT HEAD, TONGUE, NECK, SHOULDER, MUSCLES, LOST URINE, CONCUSSION	Y	5+ MINS	4				
06/09/14	MON		ABSENCE/FOCAL	TALKING WITH COLLEEN	COLLEEN	LOSS OF MEMORY / LOST ABILITY TO SPEAK		2 MINS	2				
06/21/14	SAT	42	GRAND MAL	SLEEPING	COLLEEN	TONGUE, NECK, LEFT ARM, LOST URINE		5+ MINS	4				
06/25/14	WED	43	GRAND MAL	STANDING IN KITCHEN	MARK	TONGUE, NECK, SHOULDER, LEFT FOOT, LOST URINE, BAD CONCUSSION	Y	7-10 MINS	4				
07/06/14	SUN	44	GRAND MAL	WALKING IN LIVING ROOM	COLLEEN	TONGUE, LEFT ARM, NECK		5 MINS	3				
07/15/14	TUES	45	GRAND MAL	SLEEPING	COLLEEN	TONGUE, NECK, LEFT ARM, LOST URINE		5-7 MINS	4				
08/02/14	SAT	46	GRAND MAL	PASSENGER SEAT OF ANTHONY'S CAR	ANTHONY	TONGUE, NECK, LEFT ARM, LOST URINE		3-5 MINS	3				
08/14/14	THURS	47	GRAND MAL	SITTING AT KITCHEN TABLE AT FRIEND'S HOUSE	COLLEEN, ROSANNE, SCOTT	HIT HEAD, TONGUE, LEFT FOOT, NECK, SHOULDER, BAD CONCUSSION	Y	5-7 MINS	4				
08/18/14	MON		ABSENCE/FOCAL	SITTING ON COUCH	ALONE	LOSS OF MEMORY / LOST ABILITY TO SPEAK		2-3 MINS	2				
08/22/14	FRI	48	GRAND MAL	SLEEPING	COLLEEN	TONGUE, NECK, LEFT ARM, LOST URINE		5-7 MINS	3				
09/01/14	MON		ABSENCE/FOCAL	SITTING AT KITCHEN TABLE	COLLEEN	LOSS OF MEMORY / LOST ABILITY TO SPEAK		3-5 MINS	3				
09/12/14	FRI	49	GRAND MAL	PASSENGER SEAT OF COLL'S CAR	COLLEEN	HIT HEAD, TONGUE, NECK, MUSCLES, TURNED BLUE, BAD CONCUSSION	Y	15 MINS	5				
09/15/14	MON		ABSENCE/FOCAL	SITTING ON COUCH	COLLEEN	LOSS OF ABILITY TO SPEAK/WANDERED AROUND		3-5 MINS	3				
09/23/14	TUES	50	GRAND MAL	SLEEPING	COLLEEN	TONGUE, NECK, MUSCLES, LOST URINE		5 MINS	3				
10/03/14	FRI	51	GRAND MAL	WALKING IN LIVING ROOM	ALONE	HIT HEAD, TONGUE, HURT LEFT ELBOW ON FLOOR		5+ MINS	3				
10/20/14	MON	52	GRAND MAL	SITTING ON COUCH	ALONE	TONGUE, NECK, MUSCLES		3-5 MINS	2				
10/30/14	THURS		ABSENCE/FOCAL	SITTING ON COUCH	ALONE	LOSS OF MEMORY / LOST ABILITY TO SPEAK		2-3 MINS	2				
11/02/14	SUN	53	GRAND MAL	SLEEPING	COLLEEN	TONGUE, NECK, MUSCLES, LOST URINE		5 MINS	3				
11/16/14	SUN	54	GRAND MAL	GOING TO THE BATHROOM	ALONE	HIT HEAD, TONGUE, FACE INJURIES/BRUISING/MUSCLES/LOST URINE, CONCUSSION	Y	7+ MINS	4				
11/29/14	SAT	55	GRAND MAL	SITTING ON BENCH IN KITCHEN	ALONE	HIT HEAD, TONGUE, MUSCLES, NECK, FACE BRUISES		5+ MINS	3				
12/11/14	THURS	56	GRAND MAL	WALKING IN BEDROOM	ALONE	HIT HEAD, TONGUE, MUSCLES, NECK, LOST URINE		5 MINS	3				
12/23/14	TUES	57	GRAND MAL	WHILE ON TOUR OF FRIEND'S WORKPLACE	MIKEY	TONGUE, SCRAPED HEAD, BROKE LG TOE(LFT FT) HURT LFT KNEE, MUSCLES, NECK		7-10 MINS	4				
12/31/14	WED		ABSENCE/FOCAL	SITTING ON COUCH	COLLEEN	LOSS ABILITY TO SPEAK		2-3 MINS	2	35	2014		

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02/14/15	SAT	58	GRAND MAL	SLEEPING ON COUCH	ALONE	TONGUE, NECK, MUSCLES, LEFT KNEE		5 MINS	3				
03/06/15	FRI	59	GRAND MAL	IN BEDROOM FOLDING LAUNDRY	ALONE	TONGUE, NECK, MUSCLES		3-5 MINS	2				
06/27/15	SAT	60	GRAND MAL	IN MIKEY'S KITCHEN	MIKEY, JAIME, LORRIE	HIT HEAD, E.R. - 7" GASH IN HEAD, LEFT EYE SOCKET, WHIPLASH, SEVERE CONCUSSION	Y	5 MINS	4				
06/28/15	SUN	61	GRAND MAL	IN BED AT LORRIE'S HOUSE	LORRIE	TONGUE, NECK, MUSCLES		3-5 MINS	3				
10/12/15	MON	62	GRAND MAL	IN BATHROOM	COLLEEN	TONGUE, MUSCLES		3-5 MINS	2				
10/25/15	SUN		ABSENCE/FOCAL	PASSENGER IN COLL'S CAR	COLLEEN	LOSS ABILITY TO SPEAK		1-2 MINS	1	6	2015		
10/01/16	WED	63	GRAND MAL	IN BATHROOM	COLLEEN	TONGUE, HAND, ELBOW		1 MIN	1	1	2016		
03/15/17	WED	64	GRAND MAL	IN BATHROOM	COLLEEN	TONGUE, INNER CHEEK		1.5 MINS	1				
09/06/17	WED	65	GRAND MAL	AT CONCERT - CAPITOL THEATER - OVERHEATED	ALONE	SMALL FIT, LOST URINE		< 1 MIN	1				
09/27/17	TUES	66	GRAND MAL	IN BED WHILE SLEEPING	COLLEEN	MUSCLES, TONGUE		3 MINS	2				
11/15/17	WED	67	GRAND MAL	IN BED WHILE SLEEPING	ALONE	TONGUE, MUSCLES, LOST URINE		3-5 MINS	2				
11/15/17	WED	68	GRAND MAL	IN OFFICE SITTING AT DESK	ALONE	MUSCLES, BLACK EYE	Y	3-5 MINS	2	5	2017		
02/09/18	FRI	69	GRAND MAL	SLEEPING	ALONE	TONGUE, MUSCLES		5 MINS	2				
03/23/18	FRI	70	GRAND MAL	DAY AFTER MIKEY DIED, WALKING WITH INTO HOUSE	STEVE, JOE	MUSCLES		5 MINS	1				
05/26/18	SAT	71	GRAND MAL	LYING IN BED	ALONE	N/A		1 MIN	1				
11/17/18	SAT	72	GRAND MAL	SITTING IN LIVING ROOM	ALONE	HIT HEAD, DEEP GASH CUT ON RIGHT SIDE OF HEAD, TONGUE, BLOOD LOSS, CONCUSSION	Y	5+ MINS	3				
12/01/18	SAT	73	GRAND MAL	SLEEPING IN BED	ALONE	HIT HEAD, HURT LEFT SHOULDER & ELBOW, TONGUE, CONCUSSION	Y	5 MINS	3				
12/05/18	WED	74	GRAND MAL	EATING BREAKFAST AT TABLE	ALONE	HIT HEAD, TONGUE, WOKE UP ON FLOOR, BRUISED HEAD	Y	3-5 MINS	2				
12/18/18	TUES	75	GRAND MAL	SLEEPING	ALONE	HIT HEAD, DISLOCATED RT SHOULDER, BRUISED FACE, CHEWED TONGUE, CONCUSSED	Y	10 MINS	4				
12/19/18	WED	76	GRAND MAL	SLEEPING	ALONE	LEFT ELBOW, TONGUE, SPRAINED RT MIDDLE FINGER		10+ MINS	4	8	2018		
01/07/19	MON	77	GRAND MAL	SLEEPING	ALONE	SPRAINED LEFT ELBOW & RIGHT HAND, TONGUE		5 MINS	3				
01/12/19	SAT	78	GRAND MAL	OUT TO DINNER/DRINKS FOR MY BIRTHDAY	MATT, SHELDON, CAROLINE	NO DAMAGE, RESTED ME ON THE GROUND		10 MINS	2				
01/21/19	MON	79	GRAND MAL	SLEEPING	ALONE	CHEWED TONGUE BADLY, BUMPED HEAD BADLY, BAD CONCUSSION	Y	5 MINS	4				
02/12/19	TUES	80	GRAND MAL	SLEEPING	ALONE	CHEWED TONGUE BADLY, BUMPED HEAD, CONCUSSION HURT ELBOW	Y	5 MINS	3				
03/12/19	TUES	81	GRAND MAL	STANDING IN KITCHEN	ALONE	RUG BURN ON HEAD, HURT RIGHT ARM/SHOULDER FROM FALL		5 MINS	3				
05/01/19	WED	82	GRAND MAL	WORKING AT DESK	ALONE	HIT HEAD/EYE ON DESK, RUG BURN ON HEAD, CHEWED TONGUE, INNER CHEEK, CONCUSSED	Y	10 MINS	3				
05/15/19	WED	83	GRAND MAL	SLEEPING	ALONE	HIT HEAD, CONCUSSION, CHEWED TONGUE, HURT SHOULDER, MUSCLES HURT, LOST URINE	Y	10 MINS	4				
05/19/19	SUN	84	GRAND MAL	EATING DINNER W/ CONTIS	CONTI FAMILY	LOSS OF SPEECH AND MUSCLES		5 MINS	2				
06/18/19	TUES	85	GRAND MAL	SLEEPING	ALONE	CHEWED TONGUE, HURT SHOULDER		5 MINS	2				
06/25/19	TUES	86	GRAND MAL	SLEEPING	ALONE	HIT HEAD, CONCUSSION, CHEWED TONGUE, HURT LOWER BACK AND SHOULDER	Y	10 MINS	4				
07/19/19	FRI	87	GRAND MAL	STANDING IN KITCHEN	ALONE	CHEWED TONGUE		5 MINS	2				
08/03/19	SAT	88	GRAND MAL	SLEEPING	ALONE	CHEWED TONGUE, PULLED CALF MUSCLES BOTH LEGS		<5 MINS	1				
10/02/19	WED	89	GRAND MAL	SLEEPING	ALONE	HIT HEAD, CHEWED TONGUE, FELL OUT OF BED, HURT NECK, LOWER BACK, BAD CONCUSSION	Y	10 MINS	4				
10/09/19	WED	90	GRAND MAL	SLEEPING	ALONE	CHEWED TONGUE, LOST URINE, LOWER BACK		5 MINS	3				
10/11/19	FRI	91	GRAND MAL	SLEEPING	ALONE	HIT FACE ON NIGHT STAND, HURT FACE/NOSE, CONCUSSION	Y	5 MINS	3				
10/25/19	FRI	92	GRAND MAL	SLEEPING	ALONE	INTENSE MUSCLE SPASMS IN LEGS, LOWER BACK, ARMS, NO TONGUE INJURY		10 MINS	4				
11/20/19	WED	93	GRAND MAL	WASHING DISHES IN KITCHEN	ALONE	CHEWED TONGUE, LEG MUSCLES SORE, HIT HEAD, CONCUSSION	Y	5 MINS	4	17	2019		

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01/13/20	MON	94	GRAND MAL	SITTING ON TOILET	ALONE	HIT HEAD ON FLOOR, CHEWED TONGUE, SORE NECK & MUSCLES		<5 MINS	2	
01/27/20	MON	95	GRAND MAL	SITTING ON TOILET	ALONE	HEAD ON FLOOR, LARGE BUMP, BLK EYES, CHEWED TONGUE, SPRAINED LEFT ANKLE, CONCUSS	Y	5 MINS	4	
02/13/20	THURS	96	GRAND MAL	SITTING ON TOILET	ALONE	HIT HEAD ON FLOOR, LARGE BUMP ON FOREHEAD, CHEWED TONGUE, SORE MUSCLES		<5 MINS	3	
02/19/20	WED	97	GRAND MAL	SITTING ON TOILET	ALONE	HIT HEAD ON FLOOR, CONCUSSED, BLACK EYE, BUMPS ON FOREHEAD, CHEWED TONGUE	Y	5-10 MINS	4	
02/29/20	SAT	98	GRAND MAL	SLEEPING	ALONE	HIT HEAD, BAD HEADACHE, CHEWED TONGUE, CONCUSSED	Y	<5 MINS	2	
03/17/20	TUES	99	GRAND MAL	SITTING ON TOILET	ALONE	HIT HEAD ON FLOOR, LARGE BUMP ON FOREHEAD, CHEWED TONGUE, SORE MUSCLES	Y	<5 MINS	2	
04/09/20	THURS	100	GRAND MAL	SITTING ON TOILET	ALONE	CHEWED TONGUE BADLY, BAD HEADACHE, SORE NECK AND MUSCLES, CONCUSSED	Y	<5 MINS	4	
06/06/20	SAT	101	GRAND MAL	SITTING ON TOILET	ALONE	CHEWED TONGUE BADLY, BAD HEADACHE, SORE NECK AND MUSCLES		<5 MINS	2	
06/20/20	SAT	102	GRAND MAL	SLEEPING	ALONE	DISLOCATED BOTH SHOULDERS, WENT TO ER, SEPARATED AC LIGMENT, CHEWED TONGUE		5-10 MINS	4	
09/10/20	THURS	103	GRAND MAL	SLEEPING	ALONE	CHEWED TONGUE		3-5 MINS	2	
09/14/20	MON	104	GRAND MAL	SLEEPING	ALONE	BLACK EYE, CONCUSSION, CHEWED TONGUE, BROKE LIGHTBULB, SCRATCHED CHEST	Y	5-10 MINS	3	
10/19/20	MON	105	GRAND MAL	AWAKE-ZOMBIE STATE	CLIFF CONTI	CHEWED TONGUE, HEAVY MENTAL FOG, SORE MUSCLES		5 MINS	3	
11/03/20	TUES	106	GRAND MAL	SLEEPING	ALONE	CHEWED TONGUE, SEPARATED RIGHT SHOULDER & BICEP - ER VISIT		5 MINS	3	
11/03/20	TUES	107	GRAND MAL	WALKING IN LIVING ROOM	ALONE	HIT HEAD, CHEWED TONGUE WORSE, HUGE LOSS OF MEMORY FOR ABOUT 1HR, CONCUSSED	Y	5 MINS	3	
11/28/20	SAT	108	GRAND MAL	SITTING ON TOILET	ALONE	HIT HEAD ON FLOOR REPEATEDLY, CHEWED TONGUE, BIG KNOT ON HEAD, CONCUSSED	Y	5 MINS	4	
12/11/20	FRI	109	GRAND MAL	SLEEPING	ALONE	CHEWED TONGUE, PULLED MUSCLES		<5 MINS	2	16 2020
DATES	DAYS	GRAND MAL	SEIZURE TYPE	OCCURRED WHILE	WITNESSES	SPECIFIC TRAUMA	CONCUSSION	APPROX LENGTH	SEVERITY (1-5)	YEARLY TOTALS
01/21/21	THURS	110	GRAND MAL	SITTING ON TOILET	LONE (ON PHONE W/COLLEGE)	HIT HEAD ON FLOOR, CHEWED OFF SMALL PIECE OF TONGUE, SORE NECK & MUSCLES		20 MINS	5	
02/09/21	TUES	111	GRAND MAL	SLEEPING	ALONE	HURT LOWER BACK AND KNEE, SORE MUSCLES		5-10 MINS	3	
03/16/21	TUES	112	GRAND MAL	SITTING ON TOILET	ALONE	HIT NOSE & FACE HARD ON FLOOR, BRUISED, HURT RIGHT SHOULDER, CONCUSSION	Y	5-10 MINS	4	
03/23/21	TUES	113	GRAND MAL	WASHING DISHES IN KITCHEN	ALONE	HIT RIGHT TEMPLE & HEAD/BLACK EYE, HURT RIGHT ASS/THIGH, CHEWED TONGUE, CONCUSSION	Y	10MIN	4	
04/06/21	TUES	114	GRAND MAL	SLEEPING	ALONE	CHEWED TONGUE, HURT RIGHT ARM & SHOULDER		5 MINS	2	
04/27/21	TUES	115	GRAND MAL	SITTING ON TOILET	ALONE	CHEWED TONGUE, BOUNCED HEAD ON FLOOR, BUMPS ON HEAD, CONCUSSION, SORE MUSCLES	Y	5-10 MINS	4	
05/13/21	THURS	116	GRAND MAL	SITTING ON TOILET	ALONE	BANGED & BRUISED HEAD, ARMS & LEGS, CHEWED TONGUE, CONCUSSION	Y	5-10 MINS	3	
05/17/21	MON	117	GRAND MAL	SLEEPING	ALONE	CHEWED TONGUE VERY BADLY		5 MINS	2	
06/09/21	WED	118	GRAND MAL	SITTING ON TOILET	ALONE	WOKE UP WITH BAD FIBRONAL HERNIA, CHEWED TONGUE, CUTS & SCRAPES		5-10 MINS	3	
06/29/21	TUES	119	GRAND MAL	SLEEPING	ALONE	HIT LEFT SIDE OF HEAD, BRUISED, CHEWED TONGUE BADLY, SORE MUSCLES, CONCUSSION	Y	5-10 MINS	3	
07/22/21	THURS	120	GRAND MAL	SITTING ON TOILET	ALONE	HIT LEFT SIDE OF HEAD, BRUISED, CHEWED TONGUE BADLY, SORE MUSCLES, CONCUSSION	Y	5 MINS	4	
08/04/21	WED	121	GRAND MAL	SITTING ON TOILET	ALONE	HIT LEFT SIDE OF HEAD, BIG BUMP, CHEWED TONGUE, SORE MUSCLES, CONCUSS	Y	5-10	4	
08/16/21	TUES	122	GRAND MAL	SITTING ON TOILET	ALONE	HIT LFT SD OF HEAD, BIG BUMP, CHEWED TONGUE, SORE MUSCLES, WORST CONCUSSION	Y	5 MINS	5	
09/05/21	SUN	123	GRAND MAL	SITTING ON TOILET	ALONE	HIT HEAD, BAD CONCUSSION, CHEWED TONGUE, CUTS & SCRAPES, VERY SORE	Y	5 MINS	3	
10/01/21	FRI	124	GRAND MAL	SLEEPING	ALONE	HIT HEAD, CONCUSSED, DIZZY, SLEEPY, CHEWED TONGUE, VERY SORE	Y	5 MINS	3	
10/07/21	THURS	125	GRAND MAL	EATING DINNER	ALONE	WALKED TO LIVING ROOM, COLLAPSED, BRUISED RIBS, HURT HEAD, HURT ELBOW	Y	5 MINS	4	
10/25/21	MON	126	GRAND MAL	SITTING ON TOILET	ALONE	HIT HEAD, BIG BUMP, BAD CONCUSSION, CHEWED TONGUE, CUTS & SCRAPES, VERY SORE	Y	5-10 MINS	4	
11/07/21	MON	127	GRAND MAL	SITTING ON TOILET	ALONE	HIT HEAD HARD, BUMP ON HEAD, CHEWED TONGUE BADLY, HURT LEFT SHOULDER		5 MINS	3	
11/15/21	MON	128	GRAND MAL	SITTING ON TOILET	ALONE	HIT HEAD, HURT LEFT SHOULDER & ELBOW, TONGUE, LIGHT CONCUSSION	Y	5 MINS	3	
12/01/21	WED	129	GRAND MAL	EATING DINNER	ALONE	WALKED TO BEDROOM, LIED DOWN, LOST URINE, HURT SHOULDER, CHEWED TONGUE		5 MINS	2	
12/10/21	FRI	130	GRAND MAL	EATING DINNER	ALONE	WALKED TO BEDROOM, COLLAPSED, SPRAINED LEFT WRIST, LOST URINE, CHEWED TONGUE		5 MINS	3	21 2021
DATES	DAYS	GRAND MAL	SEIZURE TYPE	OCCURRED WHILE	WITNESSES	SPECIFIC TRAUMA	CONCUSSION	APPROX LENGTH	SEVERITY (1-5)	YEARLY TOTALS

OIL

